



METRO CATERING

**HOLIDAY 2020
BUSINESS LUNCHES**
Menu suggestions

Meat or Poultry or Fish

Roasted Chicken with Clementines and Fennel
With Rice Pilaf

Boneless Pork Loin with Fennel and Garlic Crust
With Savory Apple and Onion Bread Pudding

Braised Beef Brisket with Smashed Yukon Gold Potatoes

Sliced, Roasted NY Strip Sirloin
With Savory Mushroom Bread Pudding *or* Smashed Yukon Gold Potatoes

Roasted Scottish Salmon with Whole Grain Mustard Crust
Roasted Cherry Tomato Vinaigrette and Rice Pilaf

Grilled Boneless Trout with White Bean and Tomato Ragout

Vegetable Sides to add-on:

Steamed Broccoli with Garlic

Green Beans with Almonds

Roasted Cauliflower with Caramelized Onions

Vegetarian

Baked Stuffed Bell Peppers with Mixed Grains in a Tomato Sauce (GF)

Portabella Mushrooms Stuffed with Quinoa and Seasonal Vegetables

Roasted Vegetable Ratatouille with Creamy Baked Polenta

Salads

Mixed Baby Lettuces and choice of Balsamic Vinaigrette or Creamy Cheesy Dressing
With Chickpeas, Roasted Pepper, Cucumber, Olives, Artichoke Hearts, Toasted Pepitas

*as a fun Shaker Salad served in a clear tall plastic cup with Domed Lid
with Dressing on the side*